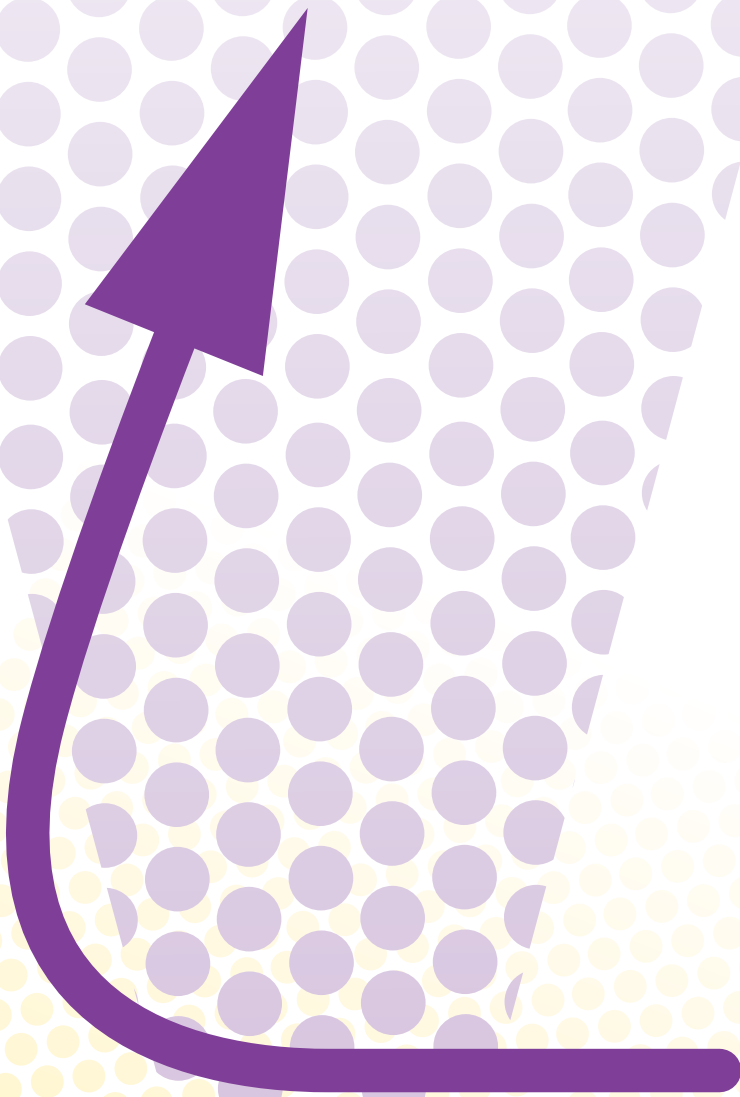
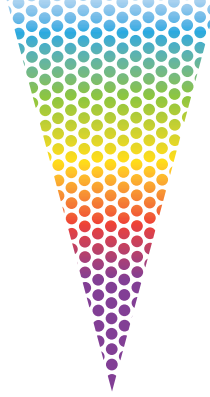


# elevating RECREATION



## Annual Report 2015-16





## Strategic Intent

The BCRPA is a strategic leader in building healthy, active individuals and communities.

## Mission

The BCRPA is committed to leading the parks, recreation and culture sector in building and sustaining healthy active communities, including fostering economic and environmental sustainability.

We inspire and support community leaders and practitioners through advocacy, communication, education and resources.



*Darryl Condon, President*

## Message from the President

2015/16 has been a year of transition for the BCRPA and of focusing on core services. Suzanne Allard Strutt retired in August of 2015 after 15 years of contribution and service to the Association and our sector. Her contributions helped raise the profile and understanding of the role recreation and parks plays in the health and wellbeing of individuals, as well as the health of our communities, economies, and environment. She brought organizations together to strengthen their ability to reach shared goals, and through her leadership in creating The Way Forward – Recreation’s first sectorial strategic plan – helped introduce a common language and focus to our work. A Time for Renewal was another initiative she led that revealed the dire state our aging recreation infrastructure is in and the urgent need throughout our province for its renewal.

The BCRPA continues to be a leader nationally and is active in collaboration with the Canadian Parks and Recreation Association (CPRA), particularly in the areas of the National Framework for Recreation in Canada, and the Recreation and Sport Infrastructure Renewal. These initiatives are key cornerstones for the sector moving forward.

Throughout the year the Association has been focusing on delivering its core membership driven services and professional development. These have included delivery of its funding based programs: Family Day, Move For Health Day and Teen ParticipACTION; conferences and professional development offerings such as Parks and Grounds Spring Training, Ripple Effects, BCFit®, Symposium, and numerous PoolSafeBC, Pool Operator, Risk Management, HIGH FIVE®, Older Adult Fitness, and e-learning courses and workshops.

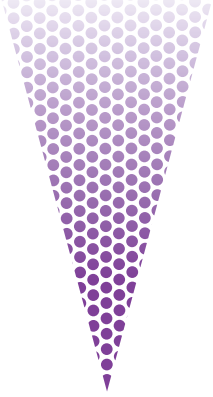
2015/16 has also brought new programs, initiatives and accomplishments, all of which are outlined in the following pages. One of the hallmarks this year will be BCRPA’s involvement in the National Parks Summit in April.

In January of this year the BCRPA board and staff welcomed its new CEO, Rebecca Tunnacliffe. She came to us from her previous role as the CEO for Physiotherapy Association of BC. Rebecca brings a strong background and passion for membership services and engagement, and is committed to community development through recreation. She has been focusing on connecting with members from across the province, listening to what it is they need from their Association and how these needs can best be met. In her short time with us so far, she has also done significant work with some key partners. The BCRPA has renewed relations with both the Recreation Foundation of BC and the Recreation Facility Association of BC (RFABC). Working groups have been created in relation to both partnerships to examine ways in which each party can work to support the other.

There is much more to come from the BCRPA as it begins a new chapter in its work supporting recreation and parks, and through its members and partners helping build healthy, active individuals and communities.

We look forward to your involvement and support as we move forward.

Darryl Condon  
President, BCRPA Board of Directors



## 2015-16 Board of Directors

### BCRPA Staff

**Rebecca B Tunnacliffe**  
Chief Executive Officer

**Boza Bobic**  
Accounts Payable Clerk

**Holly-Anne Burrows**  
Communications Manager

**Sandra Couto**  
Financial Manager

**Sara Ferguson**  
Office Administrator

**Emmie Li**  
Fitness Program Manager

**Connie Mah**  
Administrative Assistant

**Kieu Nguyen**  
Fitness Program Assistant

**Janet Rerecich**  
Programs and  
Initiatives Manager

**Vanessa Sabitova**  
Programs and Initiatives  
Coordinator

**Noelle Virtue**  
MEND Regional  
Coordinator

**Kristyne Withers**  
MEND Regional  
Coordinator



**Darryl Condon**  
**PRESIDENT**

Managing Principal,  
HCMA Architects +  
Design



**Heather Turner**  
**PRESIDENT ELECT**

Director of North  
Vancouver Recreation  
& Culture Commission,  
City of North  
Vancouver



**Ron Higo**  
**PAST PRESIDENT**

General Manager of  
Community Services,  
City of Port Moody



**Trisha Davison**  
**DIRECTOR**

Director of Parks  
& Recreation,  
City of Trail



**Lydia Drasic**  
**DIRECTOR**

Executive Director,  
Population Health  
Surveillance &  
Disease Control  
Planning,  
Provincial Health  
Services Authority



**Brian Farquhar**  
**DIRECTOR**

Manager of Parks and  
Trails Division,  
Cowichan Valley  
Regional District



**Bryna Kopelow**  
**DIRECTOR**

Consultant, Health, Physical  
Activity & Sport Education  
JW Sporta



**Geoff Paynton**  
**DIRECTOR**

Director of  
Community Services,  
City of Williams Lake



**Janet Ready**  
**DIRECTOR**

Department Chair,  
Recreation Studies,  
Langara College



**Suzanne Allard Strutt**  
**CHIEF EXECUTIVE  
OFFICER**

Chief Executive Officer,  
BCRPA – retired August 2015



**Rebecca B Tunnacliffe**  
**CHIEF EXECUTIVE  
OFFICER**

Chief Executive Officer,  
BCRPA – 2016



## Advocacy and Public Policy Development

The BC Recreation and Parks Association (BCRPA) plays an important role in advocating effectively to all levels of government and to private industry the benefits of recreation, parks and culture in terms of health, wellness, and quality of life. These efforts ensure the sector is included in policy and program initiatives.

At the national level, the BCRPA continued its collaborative advocacy with the Canadian Parks and Recreation Association (CPRA). Past Presidents, Dean Gibson (CPRA President 2015/2016) and Ron Higo (CPRA Board of Directors – 2015/16) have been part of the **Recreation Framework for Canada** working group. With the release of the framework in 2015, work has been focused on securing national progress on the implementations of the Framework goals; supporting implementation efforts of provinces, territories, communities and partners.

Current BCRPA president and **CPRA Infrastructure Task Group** Chair, Darryl Condon, along with past BCRPA president Dean Gibson, were part of the taskforce that helped the Federation of Canadian Municipalities (FCM) create the Canadian Infrastructure Report Card (CIRC); released January 18, 2016. The task group is creating strategic partnerships with key allied organizations for the benefits of moving priorities forward and seeking funding partnership opportunities.

Provincially, the BCRPA is continuing its work with the **Healthy Built Environment Alliance**. The Alliance brings together the public health professions and the design professions to better understand the health impacts of the built environment. Transmitting this understanding to the design professions, the health professions, the development industry, policy makers at all levels of government ensures healthy built environments are incorporated into all community health and development plans.

The Association is continuing its work promoting and supporting healthy eating in recreation facilities. In addition to its work with the *Stay Active Eat Healthy* program, the BCRPA became a member of the **Rethink Sugary Drinks Coalition**. The Coalition is working collaboratively to oversee the development and implementation of a three year, multi-partner, multi-pronged approach to decrease sugary drinks consumption in BC. A foundational element to this is the creation of a singular policy, and position statement, across all organizations that addresses the need to reduce sugary beverage consumption.

*“BCRPA is a steadfast leader in its support to CPRA as an influential national voice for the parks and recreation sector. BCRPA proactively engages its members, communities and governments regarding the benefits of parks and recreation to all Canadians. BCRPA played a critical role in the development of the Framework for Recreation in Canada, and continues to demonstrate leadership in the implementation phase of the Framework. Through its partnership with CPRA, BCRPA continues to influence the next generation of recreation in Canada.”*

Cathy Jo Noble,  
Executive Director, CPRA



## Healthy Living Projects

The BCRPA has transitioned from supporting the creation of the BC Physical Activity Strategy (through active engagement on both the Leadership Council and leading one of six working groups, on the built and natural environments) to facilitating community program delivery within the strategy's Older Adults focus area.

In partnership with the Centre for Hip Health and Mobility (CHHM), the BCRPA is delivering two new older adult physical activity programs in communities, and all health regions, across BC. **Choose to Move** and **ActivAge™** both target inactive older adults 65 years of age and older. In addition to increasing physical activity levels, each program also strives to decrease social isolation experienced by this age group, increase awareness of the importance of healthy living, and motivate and support the adoption of active lifestyles.

**ActivAge™**

**CHOOSE  
to MOVE**

As introductory physical activity programs, Choose to Move and ActivAge™ provide a transition for participants into community facilities and programs. In turn, the programs provide training supports to build the capacity of communities to deliver physical activity and recreation programming to older adults. Registered BCRPA Fitness Leaders, with Older Adult specialization, receive training to lead each program, and remain as community based, accessible, resources.

*"Physical activity is key to enhance mental and social health, bone and joint health, prevent falls and reduce mortality. Despite this, Canada's fastest-growing age cohort, adults over 65, are among the most sedentary Canadians. Approximately 85% of this group fail to meet physical activity guidelines. This reality was a call to action. So we called upon capable partners such as the BCRPA who have the reach and experience needed to help us address this problem. BCRPA responded with characteristic enthusiasm and have begun implementing Choose to Move (and evidence-based physical activity program) in communities across British Columbia. Through physical activity we aim, together, to enhance the health and mobility of older adults across BC."*

Heather McKay, Professor,  
Departments of Orthopaedics and  
Family Practice Director, Centre  
for Hip Health and Mobility  
University of British Columbia



**CENTRE  
for HIP Health  
and Mobility**

**Stay Active, Eat Healthy®** continued to provide members, and recreation professionals across Canada, with tools and resources to create and sustain healthy food and beverage environments within their facilities. Too often, however, the efforts taken to educate the community on the importance of healthy choices is undermined by the powerful effects of marketing – specifically, marketing to children.

To help combat this, the BCRPA designed the **Stay Active, Eat Healthy® Marketing to Children Awareness Resources** to equip their members with knowledge, tools and recommended actions to take within facilities to minimize the negative impact of marketing unhealthy food and beverages to children. Materials were created and compiled to help increase awareness of marketing tactics used with children, why we need to be aware of them, and how to take action. All resources are available for free and can be viewed and downloaded from the Stay Active, Eat Healthy® website.




stayactiveeathealthy.ca

*“The Media Literacy and Food Marketing materials were posted in the lobby area of our recreation center and encouraged dialogue between participants especially relevant to the food marketing. There were many people surprised by the colors, their meaning, and how companies targeted children in their marketing strategies. The children in our programs who participated in games, trivia, and grocery store tours enjoyed these opportunities and were more likely to choose the healthier options when provided.”*

Kathy Gonzales

Recreation Coordinator - Oliver Woods Community Centre  
City of Nanaimo

BC RECREATION AND PARKS ASSOCIATION | stayactiveeathealthy.ca



**Stay active  
Eat healthy**

## ADDRESSING MARKETING to Children in Your Facility

**A RESOURCE FOR RECREATION PROFESSIONALS**

Healthy eating isn't always easy. It seems that everywhere parents and children turn they are being bombarded by unhealthy food choices. It is sometimes difficult to know what the healthy option is and food companies marketing to children makes it even harder. Included here is some information to help your facility become a 'Healthy Choices Facility' so that you can make the healthy food choice the easy choice for your clients.

**MEDIA LITERACY & FOOD MARKETING**

### IMAGES AND SPOKESCHARACTERS ON FOOD PACKAGING

*This fact sheet is part of a series developed to help parents, guardians and educators understand how children view and interpret packaged foods.*

**BACKGROUND**

A Media Literacy & Food Marketing curriculum was developed from focus groups with over 600 Canadian children in grades 1 to 9. Children discussed their thoughts on package images and colours and claims, as well as the nutrition facts table, and ingredient lists. Children were asked what they look for on a packaged food to determine whether it was healthy.

**IMAGES, SPOKESCHARACTERS AND THE MARKETING OF FOOD**

Not surprisingly, children respond powerfully to images and spokescharacters when making packaged food choices. Children use pictures, colours, shapes, and words to support the decisions they make when trying to select a healthy food. How they make decisions about packaged foods has implications, because what is represented on a packaged food may not actually be present in the package itself. For example, children routinely selected a box of cereal with the image of fruit on the front of the package as the healthiest of various cereals because of the fruit itself.

Spokescharacters on packages generally work to distract children from the food product itself. In the focus groups, children interpreted products as either healthy or unhealthy depending on the spokes-character on the front of the box; for instance, the Quaker Man Quaker (representing products ranging from rolled oats to chocolate dipped granola bars) was unanimously viewed as an indicator of a healthy food—regardless of the actual product. In contrast licensed characters from children's shows such as Dora the Explorer (on fruit snacks) or Elmo from Sesame Street (on cereal) indicated less healthy foods to children.

**NAVIGATING IMAGES AND SPOKESCHARACTERS**

Spokescharacters call children's attention to products, and generally distract them from product attributes—but do not help children to make a choice based on the qualities of the food. Consider ways of looking beyond spokescharacters to the "character" of the packaged food through ingredient lists and the Nutrition Facts panel.



**THINGS TO THINK ABOUT**

**THINGS THAT ARE ON THE BOX ARE NOT REQUIRED TO BE IN THE BOX!**

Make sure product evaluation is based on what is actually there rather than what could be there. Spokescharacters attract children's attention, but often to the "fun" rather than the nutritional qualities of the packaged food.

This research stems from an Alberta Innovates Health Solutions and ALMA funded project on children's understanding of packaged foods, and is supported by the CIHR Canada Research Chairs program.

Developed by: Charlene Elliott, PhD and Magajane Brindley, PhD  
Contact: Charlene Elliott, PhD, Canada Research Chair, Food Marketing, Policy and Children's Health and Professor, Communication, University of Calgary. E-mail: charlene.elliott@ucalgary.ca

Stay Active, Eat Healthy is supported by the Province of British Columbia

The BCRPA is in its 4th year of delivering the MEND (Mind, Exercise, Nutrition... Do it!) program. MEND provides a practical interactive learning approach to teach children and parents skills for healthy living. The program has been offered in communities around the province. In 2015 the BCRPA ran 18 programs and served 149 participants. To date, 45 programs have been offered to over 450 participants.





*Recently my family and I took the MEND course. At first I was a bit concerned that my wife signed us up for a course that was going to go on for two months, twice a week, for up to two hours each time. After just one or two sessions I found myself apologizing to her for having such a bad attitude. MEND quickly proved to be a wonderful program in many ways. We were given excellent information on nutrition, exercise, psychological behaviour and how our bodies function. The boy, ages 9 and 11 loved both the one hour of games and fun in the gym as well as the fun interactive educational activities that started each meeting.*

*Now we are very conscious of what we are eating and what we are doing. It has been a life changing experience for us all though some old habits are hard to break. My boys and I certainly need more physical activity.*



*I highly recommend MEND for any family to attend.*

Rod Boss, Parent,  
Langley BC



*"My kids love the gym sessions and because of these they don't watch TV before bed. They are so tired when they get home, they get ready for bed and go to sleep without any trouble"*

*"I love the games we play at MEND!"*  
– child participant



*"My son used to ask for and eat half a coil of garlic sausage after school and after the fats and sugars talk he didn't ask for it any more. He chose to eat the lean turkey slices I bought without me telling him to eat them."*

MEND is delivered by the BCRPA and YMCA in partnership with the Provincial Health Services Authority and the Childhood Obesity Foundation.

The Ministry of Community, Sport and Cultural Development continued its partnership with the BCRPA in providing grants to local recreation departments and First Nations Communities to help celebrate **BC Family Day 2016** through family-based, admission-free community events. 170 grants were provided to communities across BC.

*"Lots of young families were appreciative of the day, the crafts and the activities. One guest wrote 'Thank You Volunteers' on our 'Family is...' board. I think that says a lot about our youth and the impact they make. On behalf of the staff, volunteers and community, I would like to thank BCRPA & the Province of BC for this wonderful grant! It is definitely a grant where the money is well utilized!"*

Hillcrest Community Centre, Vancouver



Family Day Celebration, Trout Lake Community Centre, Vancouver

*This event was like an old time gathering of the village people coming to celebrate their community. This community is so devoted to their community and community centre. All ages participated and volunteered. Instructors, seniors, performers and participants are still talking about the event and how they had such a great time. It really was a pure community event with everyone connecting. Diversity was celebrated with the multicultural performances and dances and art.*

*Play Together – In/outdoor fun, Canim Lake Band Gymnasium, 100 Mile House*

*Lots of moms said they really enjoyed the event because they could bring their children and that the dads also joined in, they have asked if we could plan more days for families throughout the year.*

*Métis Sport and Cultural Day at Skimikin Lake, Skimikin Lake, Salmon Arm*

*The Salmon Arm Métis Association had a fantastic Sport and Cultural Day at Skimikin despite the cold, windy weather. Over the course of the day we had 53 members, ranging in age from 11 months to 80 years, brave the chilly conditions.*



*Family Day Climbing and Gym Time, Cumberland Recreation Gymnasium and Climbing Wall, Cumberland*

*The community was overwhelmingly positive about this event. Many community members and families had not experienced the climbing wall and were delighted by the quality of the instructors and instruction. This event allowed many community members to discover that the climbing and open gym offered every weekend is a great family activity.*



2015 marked the 14th annual international Move for Health Day event created by the World Health Organization. **Move for Health Day** is a global initiative that supports the benefits of a physically active lifestyle. The BCRPA leads the province in promoting this event and the benefits of healthy active living. In 2015, 59 Move for Health day physical activity events, held in urban and remote communities across BC, received financial support to offset event expenses. A total of \$15,250 was given to municipalities, regional districts, and First Nations communities in support of events that collectively engaged thousands of people in the promotion and celebration of healthy active living.

MOVE FOR HEALTH DAY



An Initiative of BCRPA  
[www.bcrpa.bc.ca/mfhd](http://www.bcrpa.bc.ca/mfhd)

*It is only with the support that we receive from agencies such as the BCRPA that we are able to offer free events that support not only the individual health and well being of the participants, but that also help build the strength of the community.*

City of Surrey



## Standards and Credentials

The BCRPA Fitness Program updated its **Older Adult Performance Standards** (previously called Third Age) to align them with the current demands for older adult fitness. In conjunction with this, an **Older Adult (OA) specialty** designation was launched. The accompanying training module is now on par and consistent with other BCRPA fitness specialties where exit requirements are implemented along with an online exam. The specialty has been integrated into The Registry® of Fitness Professionals and can be obtained and managed within a fitness leader's account. Results from the exam are immediately available. Fitness leaders with a Third Age Specialty designation were reassigned the Older Adult specialty to better reflect current market definitions. BCRPA registered fitness leaders with the OA specialty are the most qualified in Older Adult fitness leadership.

*"The revised BCRPA Older Adult module meets the needs of the fitness industry where there's an increasing demand for older adult fitness instructors. The new specialty not only contains updated and relevant information about the aging population but also, ensures that Fitness Leaders are better equipped to delivery safe and effective training sessions to older adults. I am proud to be a course conductor for the updated BCRPA Older Adult Fitness module."*

Dr. Bill Luke  
PhD., M.Sc., B.P.E., Associate  
Professor School of Human  
Kinetics, Trinity Western  
University, and BCRPA  
Older Adult Trainer of  
Fitness Leaders (TFL)

22 new HIGH FIVE® trainers have been created who now have the credentials to deliver HIGH FIVE® training to anyone who works with children and wants to ensure their programming gives them the most positive and supportive learning environment and experience, possible! HIGH FIVE® is the standard in BC for those who manage and/or lead recreation and sport programs for children aged 6-12 years. It is the only quality assurance system in North America designed to specifically support the safety, well-being and healthy development of children in these settings. It helps organizations improve the quality of their programs and make a commitment to continuous improvement in the area of healthy child development and training delivery.

*"The HIGH FIVE trainer course was informative, inspiring, and fun. Collaborating with the other trainers from all over BC and from Alberta was a unique experience that I will not forget anytime soon. I feel privileged to be part of such a positive team, and also supported to deliver HIGH FIVE within my organization."*

Kylie Ali, Community  
Service Coordinator,  
City of Surrey



**Camp creates memories.**  
HIGH FIVE® makes sure they're happy ones.

A child's positive experience at camp can be the spark to create a happy and healthy future. That's why quality matters.

HIGH FIVE is Canada's only comprehensive quality standard for children's programs. Use it to ensure that your camps are creating memories that last a lifetime.

Choose quality for kids!  
[HIGHFIVE.org/get-started](https://HIGHFIVE.org/get-started)

HIGH FIVE. A quality standard for children's sport and recreation.  
Founded by Parks and Recreation Ontario

## Professional Development

Professional Development is a cornerstone of the services the BCRPA provides to its members and registered fitness leaders. Conferences, workshops, and courses are developed specifically for the recreation, parks, culture, and physical activity sector, ensuring education content directly relates to and supports their career growth. The BCRPA augmented their core roster of professional development offerings through the following:

**Two new risk management workshops** were offered to help municipalities balance the risks and rewards of using parks in the summer and winter seasons. They examined the legal requirements necessary for departments to avoid liability losses, while leaving acceptable risks in community parks. Workshops were offered in Whistler, Smithers, and Surrey.

*"I found the Winter Risk Management course to be very informative and felt that I gained some key learnings that I could put into practice at my work. The instructor was well prepared and shared his wealth of knowledge on the subject in an engaging and lively manner."*

Karen Hope, Recreation Programmer,  
Resort Municipality of Whistler

In partnership with the BC Municipal Safety Association, WorkSafeBC, Lifesaving Society and CUPE BC, the BCRPA now offers the **PoolSafeBC course in an online format**. The course is designed for all aquatic centre staff to enhance their knowledge and skills in recognizing, evaluating and controlling hazards in pool settings. The online format enables aquatic professionals to access the program and training without incurring prohibitive travel and training expenses, ensuring all communities and organizations – public and private – can ensure their staff are trained to provincial standards.

*The BC Municipal Safety Association is pleased to have partnered with the Alberta Municipal Safety & Health Association (AMSHA) and the BCRPA in creating the online PoolSafeBC course. We realized that face-to-face course delivery just doesn't work for all aquatic staff due to their shift schedules and part-time or auxiliary status, and the online course provides them with a perfect training opportunity. Delivered in modular format, this course will keep students engaged while imparting key safety information on the hazards they will face in the workplace.*

Cathy Cook, Executive Director, BC Municipal  
Safety Association

*"Lots of great information, really showed me what to look out for."*

PoolSafeBC participant



To address the impact retiring boomers, and resulting shortage of skilled trades workers, will have on the parks sector, the BCRPA launched a website to promote and encourage people to pursue a career in the parks sector. The **Careers In Parks** website provides information on training and education, job posting samples and links to job board sites for a wide variety of careers. Personal testimonials from people currently working in the sector give a first hand account on how they chose their career and the path they have taken to get where they are today. This initiative received support from the Recreation Foundation of BC.



The BCRPA's **Fitness Theory Exam**, the first step into BCRPA's fitness registration program, was improved through the expansion of its question bank - by upwards of 50%. Based on a randomization question process, this increase creates a higher quality and robust test environment, improving the ability for the BCRPA to assess the readiness of fitness leaders moving on to subsequent registration steps. Ultimately it further ensures leaders who successfully progress to full BCRPA registration status have met the highest fitness leader status available in BC, and Canada.



# 2015 BCRPA Provincial Awards

## **FACILITY EXCELLENCE**

### ► CITY OF BURNABY

#### **Edmonds Community Centre and Fred Randall Pool**

The Edmonds Community Centre is a multi-generational and multi-service recreation facility located in southeast Burnaby. It is a community hub — a gathering place that reflects, respects, accommodates and celebrates the community's rich cultural and demographic diversity and abilities.

The features of this landmark facility include:

- A six-lane swimming pool,
- A leisure pool,
- 2 full size gyms,
- a 7,000 square foot fitness area,
- a 3,000 square foot active studio,
- multi-purpose rooms,
- spaces for patrons to sit, relax and mingle,
- active outdoor features such as a plaza, tennis & basketball courts, and
- a children's playground.

Together, the breadth and variety of indoor and outdoor amenities that make up Edmonds Community Centre create a focal community space that encourages and inspires active and healthy living along with connections for all ages while serving the unique needs of the community.



# 2015 BCRPA Provincial Awards

## **PARKS AND OPEN SPACES**

### ▶ REGIONAL DISTRICT OF CENTRAL OKANAGAN **Gellatly Nut Farm Regional Park**

The Gellatly Nut Farm Regional Park is a free community gathering place where visitors come year round, but especially in the fall, to experience the nut harvest as it was 100 years ago. A myriad of activities encompass this ten acre site, from accessible trails, special events, weddings, yoga and qi-gong classes to educational programs.

Its success lies in its partnerships with local and national organizations and the stewardship of the Gellatly Nut Farm Society. With over 1000 heritage trees and bushes it is a strong example of the community saving a very special parcel of land for the enjoyment of the surrounding residents and tourists for years to come.



# 2015 BCRPA Provincial Awards

## **PERC AWARD FOR MANAGEMENT INNOVATION AND INGENUITY**

>

P E R C

### ▶ **DISTRICT OF WEST VANCOUVER North Shore QSA Symposium and Network Events Program**

The North Shore QSA Symposium and Network Events Program is a community-based, safe, accessible, and supportive drop-in program for youth who identify as lesbian, gay, bi-sexual, transgender, queer or two-spirited or otherwise are non-gender conforming. In partnership and consultation with youth themselves, many successful initiatives and events have been developed in West Vancouver including social events and a two-day conference for youth, parents, professionals, allies and friends which attracted attendance from across the province.

The evolution of the program is a strong example of working in a community where all diverse members are valued and community inclusion and engagement is fostered.

**WEST VANCOUVER  
YOUTH SERVICES**

# SAVE THE DATE

**DIVERSE GENDERS AND  
SEXUAL ORIENTATION  
CONFERENCE**

Join youth, family and professionals in a two-day conference for LGBTQI2S, non-gender conforming youth, allies and friends. The conference will consist of workshops, panel discussions, social events and entertainment. We look forward to seeing you in December.

**Details coming your way shortly!**

**DECEMBER 6 & 7**  
WEST VANCOUVER COMMUNITY CENTRE

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westvancouver.ca/youth westvancouver

# 2015 BCRPA Provincial Awards

## PROGRAM EXCELLENCE

### ▶ ACTIVE COMMUNITIES GROUP

#### Active Communities Learn to Skate Program

A collaboration of eleven organizations partnered to develop the Active Communities Learn to Skate Program (ACLSP):

- Oak Bay Recreation
- Saanich Parks and Oak Bay Recreation
- Westshore Parks and Recreation
- Esquimalt Recreation
- City of Victoria
- Seaparc Capital Regional District
- Panorama Recreation
- District of Squamish
- North Vancouver Recreation and Culture
- Port Alberni Parks and Recreation, and
- High Level Sports Complex in Alberta.



Seeing the need for a standardized learn to skate program at the recreational level, these organizations created a new innovative model with quality material, control of service and instruction. The progression of skills provides skaters with a strong stable foundation to take them into competitive figure skating, minor hockey or ringette or other opportunities such as becoming an instructor. With their high quality program content, visually appealing materials and standardized instruction, the ACLSP has a vision of putting ice skating on the same stage and level of importance as swimming in the recreational world.





# 2015 BCRPA Provincial Awards

## **PROGRAM EXCELLENCE**

### ► CITY OF SURREY

#### **The Re-enactors: Surrey's True Stories, Heritage Program**

Using professional actors and a portable stage, this heritage re-enactment troupe brings to life Surrey's true stories from 1872 to 1945. In 2014, seventeen performances presented vignettes of the lives of early Surrey settlers, such as Reeve T.J. Sullivan, carpenter Eric Anderson, local physician Dr. Fredrick Sinclair, teacher Mary Jane Shannon, and WWI veteran Zennosuke Inouye, to over 20,000 spectators.

The Re-enactment Program is a partnership of heritage, recreation, arts and parks divisions of the Surrey Parks and Recreation and Culture Department which work together to ensure that performances are offered in their facilities and parks for the enjoyment of a wide civic audience and broad based participation. This collaboration has resulted in an innovative, creative and "Surrey" specific re-enactment program that serves as a model for other cities with Parks and Recreation departments with a cultural and heritage mandate.



# 2015 BCRPA Provincial Awards

## **FRIEND OF THE SECTOR AWARD**

### ► **Doug Perks**

This prestigious award is given to exceptional individuals or organizations to honour excellence and outstanding collaboration from those who have made our sector stronger in significant ways.

This year, the BCRPA recognized the remarkable work and legacy of **Doug Perks**. Doug has developed DB Perks & Associates into a successful business with 40+ employees and three divisions. This year, they celebrate 40 years of serving commercial aquatic facilities throughout Canada. As a business owner, Doug demonstrates a practical and fair approach to employees, customers, and vendors. Doug has given generously and selflessly to many organizations within the swimming community and more broadly to the recreation sector. He has donated over a million dollars, and recipients have included the BCRPA through Doug's sponsorship of our Student Scholarship Program.

We would be hard pressed ever to find another such humble and self-effacing individual, a man committed to his family and his community, a man who is truly a friend.



Above: Doug Perks (left) accepting the award from BCRPA President Darryl Condon.

# 2015 BCRPA Provincial Awards

## **PRESIDENT'S AWARD**

### ► **Louise Roberts**

The President's Award honours individuals who show exceptional involvement, sustained contributions, and great promise of a life-long commitment to the Association and our sector.

This year's honouree has provided her recreation community and provincial association exemplary service through a variety of means. **Louise Roberts** has been with the City of Kelowna for 27 years and is currently their Manager of Community & Neighbourhood Services. She has served as BCRPA Regional Liaison since 2009. She also participated in the selection of provincial award winners five times, and has contributed to the development of the Symposium program for the past two years.

Louise has stepped up to the plate whenever she was called to help. An example would be the coordination in 2013 of a BCRPA regional consultation in the Okanagan on an early version of the Framework for Recreation in Canada. More recently, Louise was instrumental in the hosting of a symposium on community approaches to health. Louise is a strong advocate of inclusion and access to recreation and has championed this in her community. She has also managed the City's relationship with School District 23 and the development of a Neighbourhood Learning Centre. She has provided leadership in the integration of physical literacy principles into direct programming in collaboration with PacificSport Okanagan.

This is precisely the kind of effort we so appreciate - that responds to community needs, creates engagement and emphasizes cross-sectoral connections. The BCRPA sincerely thanks Louise Roberts for her sustained support and engagement.



Above: Louise Roberts accepting the President's Award from BCRPA President Darryl Condon

# 2015 BCRPA Provincial Awards

## 2015 BCRPA STUDENT SCHOLARSHIPS

- ▶ **Hiroko Shinozaki** • LANGARA COLLEGE
- ▶ **Sarena Jonah** • LANGARA COLLEGE
- ▶ **Ashleigh Hawes** • UNIVERSITY OF VICTORIA



Left to right:  
Hiroko Shinozaki,  
Langara College;  
Doug Perks, DB Perks  
- Commercial Aquatic  
Supplies; Sarena Jonah,  
Langara College;  
Ashleigh Hawes, University  
of Victoria; Darryl Condon,  
BCRPA President

The BCRPA Student Scholarships are made possible through the generous sponsorship of DB Perks & Associates Ltd., in partnership with Speedo Canada.



# 2015 BCRPA Provincial Awards

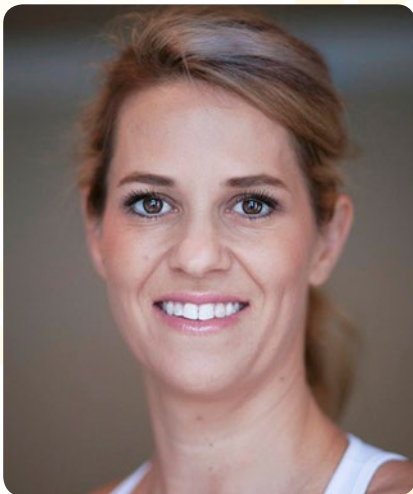
## BCRPA 2015 FITNESS LEADERSHIP AWARD RECIPIENTS



### ▶ **Tina Grant** EDUCATOR OF THE YEAR

For over 25 years Tina has stayed current and involved with the demands and trends of the fitness industry. She understands that to be an effective teacher, one must remain an active student. As such, she attends several workshops and seminars each year to strengthen her skills as an educator.

Her positive impact on the community of Richmond is demonstrated with her participation as a committee member and instructor for GO (Girls Only) Day and as a volunteer yoga instructor for economically challenged youth. A strong advocate of the BCRPA, Tina has contributed articles to the BCRPA's Fitness Program magazine, FitLife BC, presented workshops at BCRPA, Vancouver Island and YMCA Fitness Conferences and leads professional development workshops for fitness leaders throughout the year.



### ▶ **Chrissy Duncan** FITNESS LEADER OF THE YEAR

Chrissy Duncan is a fitness leader at the Port Moody Recreation Centre and Just Ladies Fitness in Coquitlam. She teaches a range of fitness classes from Step, Sculpt, Weight Training and Spin and is described as "energetic, confident and vibrant." While she loves working with those already motivated to lead healthy lives, her greatest desire is to bring fitness to everyone.

Chrissy brings her passion and energy to non-profit initiatives like Older Adult age groups and pre-natal programs. As a volunteer, she helped spearhead The Klahanie Health & Wellness Committee which brings free or low-cost fitness programming and education to more than 1,000 under-active residents in her community. She also coordinated a city wide Fitness Benefit event to support Charlene Revealey's family after Charlene, a friend and fellow fitness instructor, was tragically killed by a drunk driver. Her efforts raised over \$20,000 for the family and she subsequently received a Spirit of Community Award.

## 2015/16 BCRPA Volunteers and Groups

Member involvement is key to all our programs, events and initiatives. Participation on committees and task and advisory groups ensures the needs and expertise of members and the sector at large form the foundation of our work at the BCRPA. The following is a sample of 2015/2016 member working groups.

**2015 BCRPA BOARD NOMINATING COMMITTEE** • Darryl Condon (Chair) • Ron Higo • Heather Turner • Don Hunter

**2015 BCRPA REGIONAL LIAISONS & RECREATION & PARKS BC PUBLICATIONS COMMITTEE** • Stephanie Key • Louise Roberts • Joe Chirico • Richard Gauthier • Ross deBoer • Dean Gibson • Doug Henderson

**RECREATION AND PARKS BC PUBLICATIONS COMMITTEE** • Clayton Postings • Stephanie Key • Ross deBoer • Louise Roberts • Shaun O'Neill, Richard Gauthier • Joe Chirico

**2015 FITNESS ADVISORY COMMITTEE** • Ingrid Knight-Cohee • Lela Dawson • Carol Lepine • Barbara Andersen • Dean Smith • Dr. Bill Luke • Debra Wilson (Chair)

**2015 SPRING TRAINING PLANNING COMMITTEE** • Len Walters, Nancy McLean • Ralph Nevill • Todd Gross • Greg McNaughton • Denis Legroulx

**2015 SPRING TRAINING VOLUNTEERS** • Katherine Bobyn • Li Yue • Mark Stoklosa • Nick Peterson • Lisa Atkins • Mark Stoklosa • Yvonne Hockley • Thomas Caulder

**2016 BCRPA PROVINCIAL AWARDS COMMITTEE** • Heather Turner • Joe Chirico • Richard Gauthier • Clayton Postings • Stephanie Key • Ross deBoer • Louise Roberts • Shaun O'Neill • Murray Kopp • Gord Pederson

**2016 SYMPOSIUM PLANNING GROUP** • Roger Weetman • Tom Kurucz • Kelli-Ann Armstrong; Valerie McNutt • Shelley Brown • Carol Sheridan • Jennifer Carmichael • Trisha Davison • Stephanie Eby • Leah Knutson

**BCFIT'15<sup>®</sup> CONFERENCE PLANNING COMMITTEE** • Elise Niessen • Erin Osborne • Melanie Galloway • Julie Rathwell • Amanda Vogel • Kim Bond • Daniela Tempesta

**BCFIT'15<sup>®</sup> VOLUNTEERS** • Adrian Tan • Ashley Bernardo • Brian Sugiyama • Cari Plotnikoff • Debbie JoustraPel • Irina Almasan • Jacqueline Gustafson • Jan Lee • Jane McNeil • Janice Stevens • Joyce Green • June Sze Tho • Kate Archer • Lauralee March • Margaret (Peggy) Ament • Marni Lalonde • Matt Ostafiew • Max Borissov • Penny Efthimiou • Rachel Knorr • Rachel Luk • Sabrina Lolacher • Sarah Liu, Shannon Greeley • Shannon Keefe • Silvia Hernandez • Tami Stevens • Joanne Austin The • Charlotte Phillips • Amanda Nardi • Sonja Cermak • Tanya Miller

**GROUP FITNESS MODULE REVIEW COMMITTEE** • Ingrid Knight-Cohee • Melissa Nagai • Daniela Tempesta • Rhonda Jackson • Kim Bond • Teri Lee Sampson • Lela Dawson • Julie Rathwell



[www.bcrpa.bc.ca](http://www.bcrpa.bc.ca)

Tel: 604.629.0965

Toll Free: 1.866.929.0965

Fax: 604.629.2651

#301 – 470 Granville Street, Vancouver, BC V6C 1V5