



## BC's RESTART, RECREATION & PARKS SECTOR

Highlights of PHO Restrictions and Easings  
as at June 29 2021

STEP 1 May 25 - June 15			STEP 2 June 15			STEP 3 July 1		
	Indoors	Outdoors		Indoors	Outdoors		Indoors	Outdoors
<b>ORGANIZED GATHERINGS</b>			<b>ORGANIZED GATHERINGS</b>			<b>ORGANIZED GATHERINGS</b>		
Capacity	up to 50 for children and youth programs; up to 10 for adult classes	up to 50, all ages	Capacity	up to 50, all ages	up to 50, all ages (being seated no longer required)	Capacity	50 people or 50% of facility occupancy, whichever is greater	up to 5000 or 50% of capacity, whichever is greater; no limit on festivals, fairs
Distance	2m	2m	Distance	2m	2m	Physical Distance	Not required	Not required
Masking	mandatory except children under 11	optional, unless >2m	Masking	mandatory except children under 12	optional, unless within 2m	Masking	not required for those with 2 doses of vaccine	not required
<b>SPORTS</b>			<b>SPORTS</b>			<b>SPORTS - all ages</b>		
Capacity, 21 & under	no limit	no limit	Capacity, 21 & under	50	no limit	Capacity	limited only by facility capacity	limited only by facility capacity
Capacity, 22 & over	2 people	50	Capacity, 22 & over	50	50			
Distance, on field of play (all ages)	3m	0	Distance, on field of play (all ages)	0	0	Physical Distance, on or off field of play	Not required	not required
Distance, off field of play (all ages)	2m	2m	Distance, off field of play (all ages)	2m	2m			
Masking	Not required	Not required	Masking on the field of play	Not required	Not required	Masking	Not required	Not required
Competition	no, skills & training only	Yes, training and competition	Competition	Yes	Yes	Competition	Yes	Yes
Travel	To Home club	To Home club	Travel	Throughout BC	Throughout BC	Travel	Canada-wide	Canada-wide
Spectators	0	0	Spectators	0	50	Spectators	yes, limited only by facility capacity	yes



**BC's RESTART, RECREATION & PARKS SECTOR**

Highlights of PHO Restrictions and Easings  
as at June 29 2021

<b>EXERCISE</b>		
<b>Group Fitness</b>		
Capacity - Low Intensity	25 people	50
Capacity - High	prohibited	50
Occupancy	7 m <sup>2</sup> pp	N/A
Distance	2.5m while exercising; 2m when not exercising	2m
Masking	mandatory	optional
Time between classes	5' before and 5' after class to avoid congregating	N/A
Pre-registration	mandatory	mandatory
<b>Individual Fitness, any intensity</b>		
Capacity, all intensities	10 m <sup>2</sup> pp	no limit
Distance	2.5m while exercising; 2m when not exercising	2m
Masking	mandatory	optional unless within 2m
Pre-registration	mandatory	mandatory

<b>EXERCISE</b>		
<b>Group Fitness</b>		
Capacity - All Intensities	25 people	50
Occupancy	7 m <sup>2</sup> pp	N/A
Distance	2.5m while exercising; 2m when not exercising	2m
Masking while exercising	mandatory	optional
Time between classes	5' before and 5' after class to avoid congregating	N/A
Pre-registration	mandatory	mandatory
<b>Individual Fitness, any intensity</b>		
Capacity, all intensities	7 m <sup>2</sup> pp	50
Distance	2.5m while exercising; 2m when not exercising	2m
Masking while exercising	mandatory	optional
Pre-registration	mandatory	mandatory

<b>EXERCISE</b>		
<b>Group &amp; Individual Fitness</b>		
Capacity - All Intensities	limited only by facility capacity	no limit
Distance	Not required	Not required
Masking while exercising	Not required	Not required
Time gap between classes	Not required	Not required
Pre-registration	Not required	Not required